

**“When Doctors of  
Behavioral Health  
are the CEOs,  
healthcare will  
change.”**

Dr. Nicholas A. Cummings,  
Founder, DBH Program &  
Cummings Graduate  
Institute

## **Our Story**

The Mission of the Cummings Graduate Institute is to educate integrated care professionals to best deliver whole-person healthcare to diverse communities and to improve access to quality healthcare for all people.

Founded in 2015, the Cummings Graduate Institute for Behavioral Health Studies is one of three nonprofit universities worldwide that grant the distinguished Doctor of Behavioral Health (DBH) degree, and is the only university that exclusively focuses on the growing field of integrated healthcare.

CGI credits its origins to the work of Nicholas Cummings, Ph.D., Sc.D (1924 -- ), an American psychologist, author, and former president of the American Psychology Association (1979).



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# **Doctor of Behavioral Health**

***Cummings Graduate Institute  
for Behavioral Health Studies***



# The DBH

Cummings Graduate Institute (CGI) delivers post-graduate training to mental health and allied health professionals leading to the Doctor of Behavioral Health (DBH) degree.

Students are prepared to deliver patient-centered care, work in interdisciplinary teams, employ evidence-based practice and quality improvement approaches, and utilize informatics in primary care and other medical settings.

The 100% online DBH program gives students the opportunity to complete their degree while balancing personal lives, commitments, and professional practice. No residency or internship required.

# Curriculum & Training

Students are trained as doctoral level experts in integrated behavioral healthcare. Graduates are prepared to work as behavioral health consultants, providers, and managers in primary healthcare settings, including hospitals, Primary Care Medical Homes, Federally Qualified Health Centers, and specialty medical settings.

All students complete an applied Culminating Project in lieu of a traditional dissertation, which demonstrates synthesis and application of CGI's three pillars. Students are prepared to propose improvements, secure investors, and achieve the DBH Vision of improving the way the world experiences healthcare.

The DBH program reflects the training 21st century behavioral health providers need to be successful. Our course offerings fall under the DBH Program's three pillars:



1. Medical Literacy
2. Integrated Behavioral Health Interventions
3. Entrepreneurship

The CGI student experience was designed to provide an effective and efficient learning environment for busy professionals.

Rigorous and innovative doctoral curriculum

Convenience and flexibility of an online institution

Personalized, student-focused service of a small scale private school



60  
Number of  
Credit Hours



\$350  
Cost per  
Credit Hour



54%  
Tuition Cost Compared  
to Marketplace Average



58%  
Of Students  
Transferred from  
Another Institution



100%  
Students Work  
Full-time



3 years  
Average Time to  
Degree Completion

# Admissions Requirements

To be considered for admission, applicants must meet the following requirements:

1. Master's Degree or higher from an accredited college or university with a cumulative GPA of 3.0 (B average) or better in the field of Behavioral Health or similar (Counseling, Social Work, Marriage and Family Therapy).
2. Two (2) or more years experience in the Behavioral Health Field.
3. Technological equipment and basic computer skills to be successful in our online Doctoral of Behavioral Health Program.

International and Transfer students are welcome to apply!

Applications are accepted on an ongoing basis.

To apply, visit:  
**cummingsinstitute.com**

