Our Story

Cummings Graduate Institute of Behavioral Health Studies is dedicated to disrupting healthcare by preparing entrepreneurial integrated care professionals through innovative & affordable quality distance education programs, grounded in the Biodyne Model, and focused on delivering human-centered care, population health improvements, and medical cost savings.

Founded in 2015, the Cummings Graduate Institute for Behavioral Health Studies (CGI) is one of three of nonprofit universities worldwide that grant the distinguished Doctor of Behavioral Health (DBH) degree, and is the only university that exclusively focuses on the growing field of integrated healthcare.

CGI credits its origins to the work of Nicholas Cummings, Ph.D, Sc.D (1924 -- ), an American psychologist, author, and former president of the American Psychology Association (1979).
Integrated Behavioral Health Education

Cummings Graduate Institute (CGI) delivers post-graduate training to mental health and allied health professionals, advancing their knowledge and expertise in integrated behavioral healthcare.

Students are prepared to deliver patient-centered care, work in interdisciplinary teams, employ evidence-based practice and quality improvement approaches, and utilize informatics in primary care and other medical settings.

CGI’s 100% online, flexible and affordable program gives students the opportunity to complete their coursework while balancing personal lives, commitments, and professional practice.

Curriculum & Training

Students are trained in the clinical, operational, and financial “worlds” of integrated behavioral healthcare. Courses are taught by doctorate level professionals working in the healthcare field. Courses are 7-12 weeks in duration.

A variety of courses are offered each term. Curriculum is designed to advance the performance, expertise, and qualifications of behavioral health consultants, providers, and managers in primary healthcare settings, including hospitals, Primary Care Medical Homes, Federally Qualified Health Centers, and specialty medical settings.

Cummings Graduate Institute’s curriculum suite reflects the training 21st century behavioral health providers need to be successful. CGI’s course offerings fall under the DBH Program’s three pillars:

1. Medical Literacy
2. Integrated Behavioral Health Interventions
3. Entrepreneurship

The CGI student experience was designed to provide an efficient and flexible learning environment for busy professionals.

Admissions Requirements

To be considered for non-degree seeking admission, applicants must meet the following requirements:

1. Master’s Degree or higher from an accredited college or university with a cumulative GPA of 3.0 (B average) or better in the field of Behavioral Health or similar (Counseling, Social Work, Marriage and Family Therapy).
2. Two (2) or more years experience in the Behavioral Health Field.
3. Technological equipment and basic computer skills to be successful in our online Doctoral of Behavioral Health Program.

International students are welcome to apply!

Applications are accepted on an ongoing basis.

To apply, visit: cummingsinstitute.com