



CUMMINGS
GRADUATE INSTITUTE FOR
BEHAVIORAL HEALTH STUDIES

Education programs designed to meet the healthcare industry's need for a highly-skilled workforce to support an integrated approach to addressing patients' needs.

About CGI

Cummings Graduate Institute for Behavioral Health Studies (CGI) is a private, nonprofit, DEAC accredited university offering online, post-graduate education in the field of integrated behavioral healthcare, including the Doctor of Behavioral Health (DBH) degree, Master of Healthcare Leadership (MHL) degree, continuing education, and certificate programs with specializations including trauma informed care, healthcare leadership, women's health, gerontology, and military families and veterans.

Cummings Graduate Institute (CGI) delivers 100% online, post-graduate training to mental health and allied health professionals, advancing their knowledge and expertise in integrated care and behavioral healthcare. Students are prepared as entrepreneurial integrated care professionals to work in primary care and other medical settings delivering and leading

- patient-centered care
- population health improvements,
- medical cost savings
- interdisciplinary teams
- evidence-based practice
- quality improvement approaches and informatics

Academic Programs

Cummings Graduate Institute's post-graduate level academic programs are designed to meet the healthcare industry's need for a highly-skilled workforce to support an integrated approach to addressing patients' needs.

Degree Programs

- Doctor of Behavioral Health (DBH)
- Master of Healthcare Leadership (MHL)

Non-Degree

Certificate Programs

- Integrated Behavioral Healthcare Certificate (IBH)
 - Adult Specialty
 - Gerontology Specialty
 - Leadership Specialty
 - Military Families and Veterans Specialty
 - Women's Health Specialty
- Trauma Informed Care (TIC) Certificate

About the DBH

Be on the forefront of integrated behavioral healthcare as a Doctor of Behavioral Health.

The Doctor of Behavioral Health (DBH) program prepares integrated care professionals to deliver whole-person healthcare to diverse communities and improve quality healthcare access. Students are trained as doctoral level experts in integrated behavioral health, prepared to deliver patient-centered care, work collaboratively, and employ evidence-based practices and quality improvement approaches. No residency or internship required.

To learn more, visit: cgi.edu/dbh/

About the MHL

Drive ethical and innovative solutions to challenges facing today's healthcare environments.

The online Master's degree in healthcare leadership (MHL) delivers advanced training in leading and managing integrated healthcare delivery. The MHL Program prepares students to transform healthcare settings using firm foundations in population health management, strategic thinking, critical analysis, and innovative change-management. Required course offerings are designed to prepare graduates to successfully lead cultural change in healthcare while addressing the Triple Aim and Fourth Aim.

To learn more, visit: cgi.edu/mhl/

About the IBH Certificate

Catalyze healthcare reform and improvement as champion for integrated behavioral health.

The Integrated Behavioral Healthcare (IBH) certificate focuses on use of evidence-based models of integrated behavioral health delivery for the clinical provider working in fast-paced primary care or specialty medical setting. Students are prepared as healthcare professionals to deliver integrated clinical care, consult with medical teams as a leader and integration expert, and to launch innovative practice models that offer unique value propositions to the healthcare marketplace.

Five specialty areas are offered, each of which reflect the need for specific and advanced training in clinical practice with key populations.

Adult, Gerontology, Military Families & Veterans, and Women's Health specialty tracks provide coursework to prepare students to understand the epidemiology and prevalence of mental health disorders, chronic disease, and comorbidities specific to the population of focus, as well as evidence-based interventions that effectively address these issues to improve overall health and quality of life for these populations.

The Leadership specialty prepares students to accept leadership roles in healthcare, including management and executive positions responsible for leading intrapreneurial improvement efforts as well as innovation and entrepreneurial challenges that address gaps in healthcare delivery settings.

To learn more, visit: cgi.edu/ibh/

About the TIC Certificate

Lead your agency, unit, or team toward becoming a trauma-informed organization.

The Trauma Informed Care (TIC) certificate provides an in-depth exploration of the impact of trauma on health outcomes. Students identify clinical and operational practices that may re-traumatize patients and lead to provider burnout, and develop realistic strategies for mitigating or resolving trauma history and compassion fatigue. Included in this certificate is EMDRIA-authorized coursework and supervision leading to the Basic Eye Movement Desensitization and Reprocessing (EMDR) Certificate.

To learn more, visit: cgi.edu/tic/

Continuing Education

CGI is dedicated to offering high-quality, accessible, and flexible continuing education for today's healthcare providers. Webinars and certificate programs are available on-demand, and many are offered at no-cost. Certificates of completion are available for all offerings.

CGI is approved by the National Board for Certified Counselors (NBCC) and the Association of Social Work Boards (ASWB) as an accredited provider to offer continuing education credits for live and on-demand webinars and courses. All programs that qualify for NBCC or ASWB credit are clearly indicated and any program that does not qualify for NBCC or ASWB credit will be distinctly stated if it is not available for NBCC or ASWB credit.

Recent continuing education topics include:

- Contributing factors to physical activity in African American women
- Motor impairments and Autism Spectrum Disorder (ASD)
- Key conflict areas for fathers of premature infants
- Caregiver support during the COVID-19 Pandemic
- Understanding and mitigating implicit bias for healthcare providers
- Return on investment in healthcare
- Link between inflammation and mental illness
- Best practices for prescribing psychiatric medications
- Medical cannabis for pain medicine and behavioral health

New continuing education offerings are launched throughout the year.

To explore continuing education offerings, visit: cgi.thinkific.com/

Contact CGI:
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